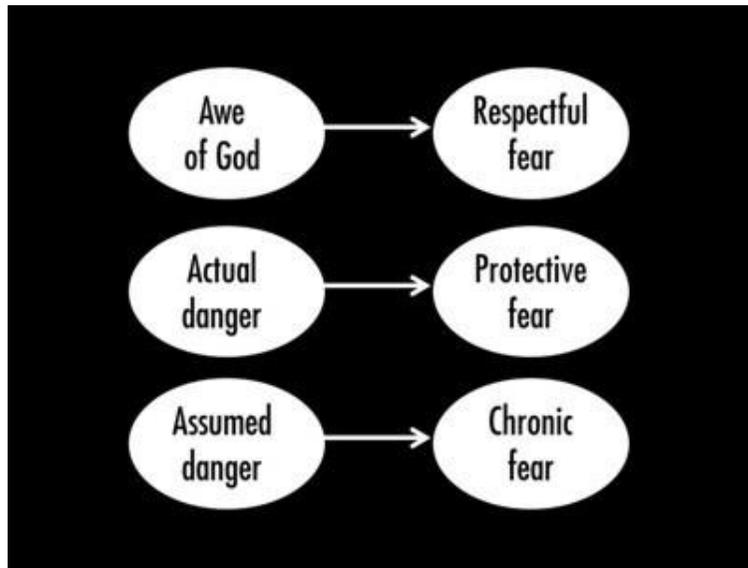


## What the Bible says about - Fear

There are three types of fear: protective, chronic (anxiety), and respectful.



These passages are from the books of the Bible written to the early church; Acts to Revelation inclusive.

Courage is the opposite of fear; it's the ability to face danger without fear.

**Christians are commanded to be courageous against dangers and difficulties – 1 Corinthians 16:13**

Be on your guard; stand firm in the faith; be courageous; be strong.

**Through the Holy Spirit, Christians can be courageous when others are fearful – 2 Timothy 1:7**

For the Spirit God gave us does not make us timid (fearful), but gives us power, love and self-discipline.

**Christians don't fear God's judgment because Jesus has paid the penalty - 1 John 4:18**

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

**If you do what's right, then there is no need to fear those who are in authority – Romans 13:3**

For rulers hold no terror for those who do right, but for those who do wrong. Do you want to be free from fear of the one in authority? Then do what is right and you will be commended.

**Prayer is helpful in overcoming all types of fear  
Philippians 4:6-7**

<sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**1 Peter 5:7**

Cast all your anxiety on him because he cares for you.

**Christians don't fear death because it brings them closer their Savior. In fact, Jesus frees believers from the fear of death – Hebrews 2:14-15**

<sup>14</sup>Since the children have flesh and blood, He too shared in their humanity so that by His death He might break the power of him who holds the power of death—that is, the devil—<sup>15</sup>and free those who all their lives were held in slavery by their fear of death.

**Believers are commanded to revere and respect God-  
1 Peter 2:17**

Show proper respect to everyone, love the family of believers, fear God, honor the emperor.

**Hebrews 12:28**

Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe

**Paul respected the Lord as He is the one to whom Christians are accountable when they are rewarded at the judgement seat of Christ - 2 Cor. 5:11**

Since, then, we know what it is to fear the Lord, we try to persuade others.

Let's bring all our fears to the Lord in prayer so we can exercise protective fear when we are aware of danger and not lapse into chronic fear based on assumed dangers. Although we shouldn't be afraid, healthy fears help us live godly lives. And most important of all, let's be aware of God and Christ so we can practice respectful fear until it is part of our character.