

## Bible Study - Plea for deliverance from enemies - Psalm 22

What you do when danger looms? What if there is a serious car accident?  
What if someone has a heart attack? What if a bushfire is approaching homes?

Do you give up or go for help? What kind of help do you seek?

### *PART 1 Read Psalm 22*

Prayer (v.1-2, 11, 19-21)	What does David ask God for?
Past deliverance (v.3-5)	What do you think he is referring to?
Mocked (v.6-8)	How does David feel?
Past protection (v.9-10)	What do you think he is referring to?
Intense suffering (v.12-18)	How does he symbolise his enemies?
Future praise (v.22-31)	What does he look forward to?

### *PART 2 Things I discovered in this passage*

*1. What I learnt about God the Father, Jesus Christ or the Holy Spirit.*

*2. Summarise the key verse(s) in your own words.*

*3. Which other parts of the passage caught your attention?*

*4. What fallen conditions of human behaviour required the writing of this passage?*

*5. How can we help people pray in tough times?*

*6. Which parts of the passage were difficult to understand? What questions come to your mind?*

*7. How do you feel you need to change in order to live as a person of God?*

Let's get help in tough times by praying to God.

